

# E2804

## The BeST Trial

A randomized Phase II Study of VEGF,  
RAF Kinase and MTOR Combination  
Targeted Therapy with Bevacizumab,  
Sorafenib and Temsirolimus in  
Advanced Renal Cell Carcinoma

# Investigators

Keith Flaherty, M.D.<sup>1</sup>

Judith Manola, M.S.<sup>2</sup>

Michael Pins, M.D.<sup>3</sup>

David F. McDermott, M.D.<sup>4</sup>

Michael B. Atkins, M.D.<sup>4,5</sup>

Janice J. Dutcher, M.D.<sup>6</sup>

Daniel J. George, M.D.<sup>7</sup>

Kim A. Margolin, M.D.<sup>8</sup>

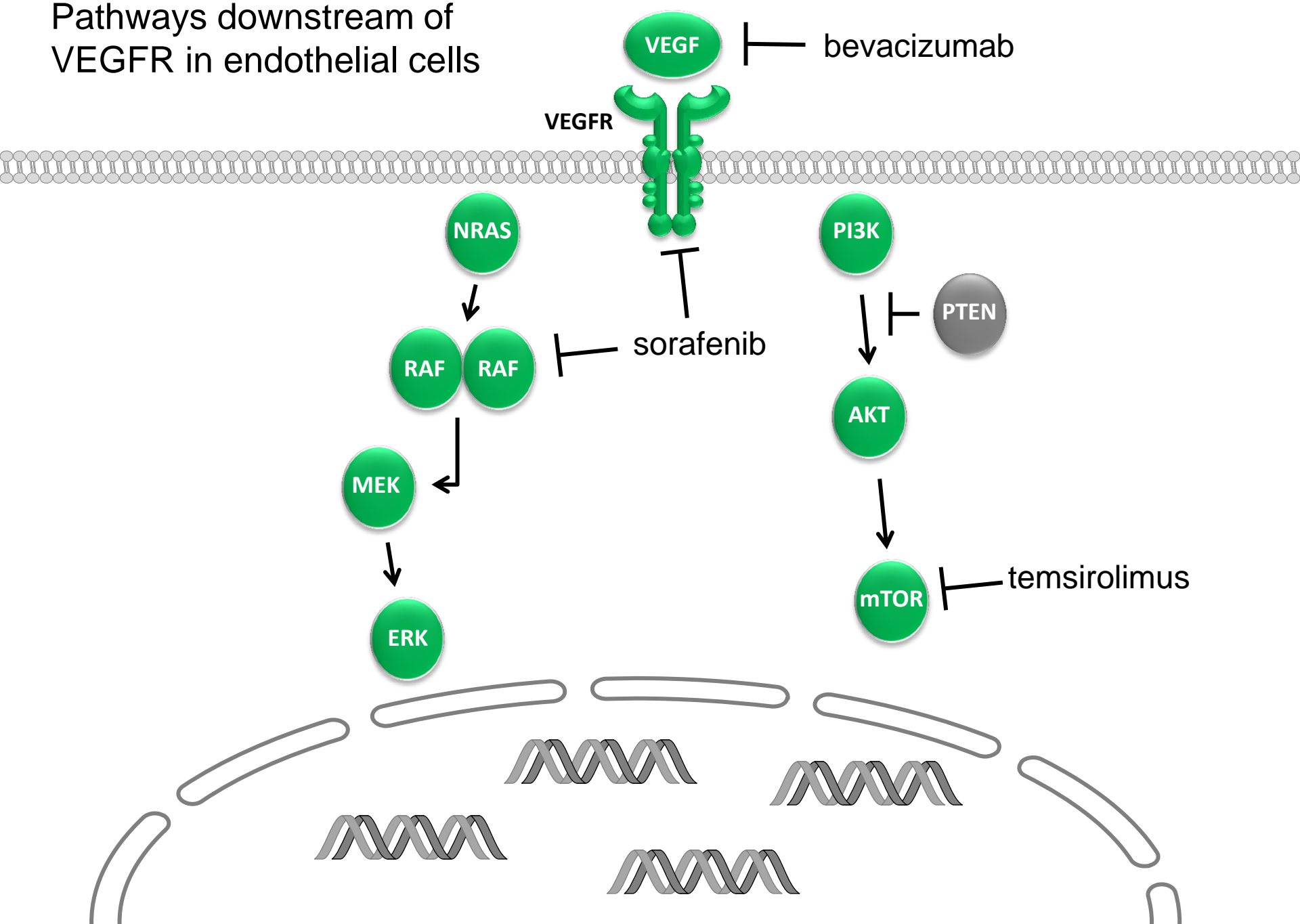
Robert S. DiPaola, M.D.<sup>9</sup>

1. Massachusetts General Hospital Cancer Center, Boston, Massachusetts (current)  
University of Pennsylvania, Philadelphia, Pennsylvania (former)
2. Dana Farber Cancer Institute, Boston, Massachusetts
3. Advocate Lutheran General Hospital, Park Ridge, Illinois
4. Beth Israel Deaconess Medical Center, Boston, Massachusetts (current for D.M., former for M.A.)
5. Georgetown Lombardi Comprehensive Cancer Center, Washington, D.C. (current for M.A.)
6. Beth Israel Medical Center & Continuum Cancer Centers, New York, New York (current)  
The North Division of Montefiore Medical Center, Bronx, New York (former)
7. Duke University Medical Center, Durham, North Carolina
8. University of Washington/Seattle Cancer Care Alliance
9. The Cancer Institute of New Jersey, New Brunswick NJ

# Hypothesis

- Targeting multiple growth and survival pathways in vascular endothelial cells will result in suppression of escape mechanisms to anti-angiogenic therapy in renal cell carcinoma

# Pathways downstream of VEGFR in endothelial cells



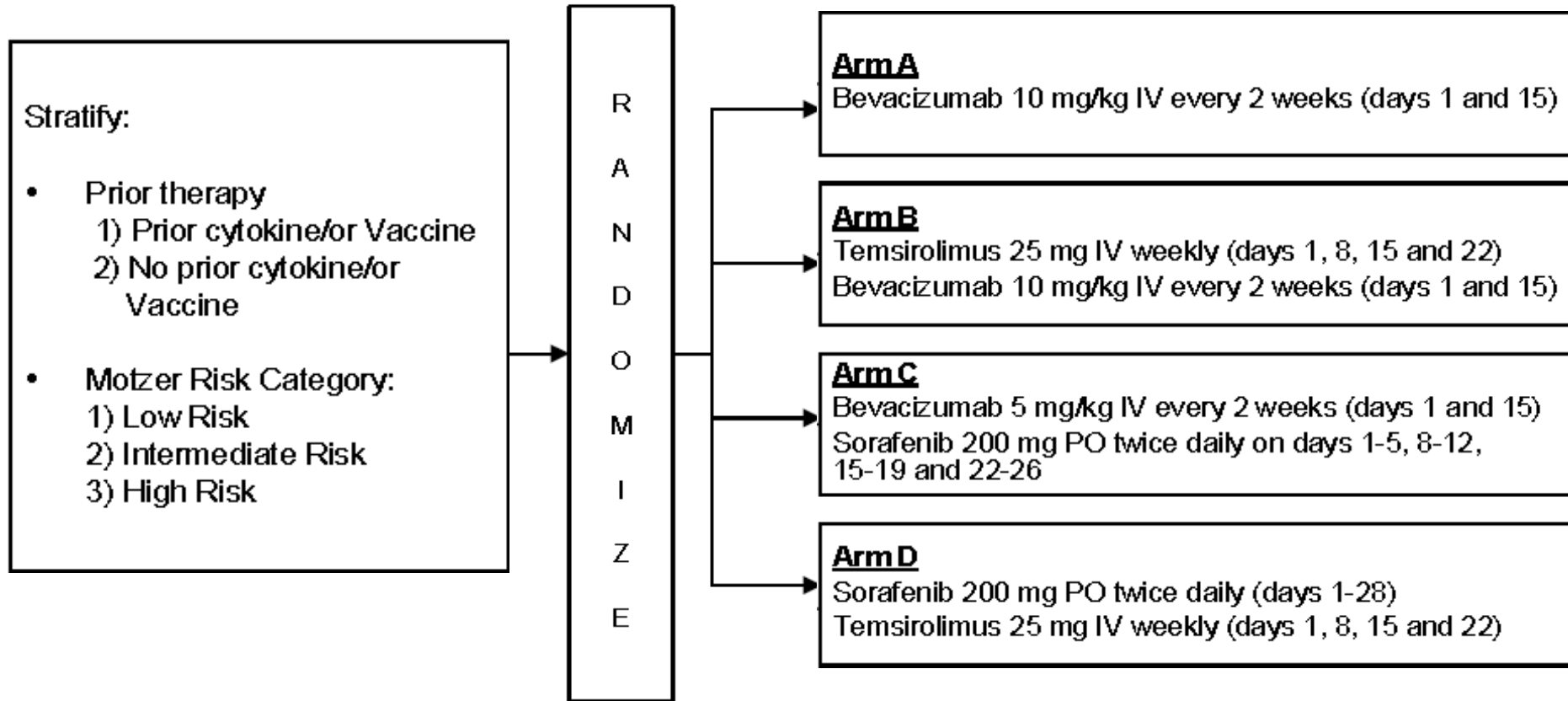
# Design

- Randomized phase II trial, designed to find the best combination regimen in comparison to bevacizumab alone for potential comparison to best available single-agent therapy in a phase III trial
  - Single-agent bevacizumab (Arm A) chosen as control because it is the most selective agent & known single-agent efficacy
- Incorporating combination regimens (dose & schedule) determined in previous phase I trials
  - Bevacizumab/temsirolimus (Arm B)
  - Bevacizumab/sorafenib (Arm C)
  - Sorafenib/temsirolimus (Arm D)

# Statistical assumptions

- The study was designed to detect a 67% improvement in median PFS on the combination arms, compared to single-agent bevacizumab (median 9 vs. 15 months) using a one-sided log-rank test with 10% Type I error.
- To assure that there are 80 eligible patients per arm, total accrual of 90 patients per arm (360 total patients)
- Full information would exist when 104 of 160 eligible patients on a pair of arms had progressed or died.

# Schema



Key eligibility:  $\geq 75\%$  clear cell, prior nephrectomy required unless high burden of disease elsewhere, no prior VEGF, VEGFR or mTOR inhibitors

# Objectives

- Primary:
  - Progression-free survival
- Secondary
  - Safety
  - Response rate (tie-breaker if PFS no different)
    - In the absence of improved PFS, RR > 20% would be considered worthy of further study
  - Overall survival
  - Tissue-based predictive biomarker analysis (pending)



# Study conduct

	<b>Arm A bevacizumab</b>	<b>Arm B bevacizumab/ temsirolimus</b>	<b>Arm C bevacizumab/ sorafenib</b>	<b>Arm D sorafenib/ temsirolimus</b>
Randomized	89	91	90	91
Ineligible	2	6	3	5
Withdrew before treatment	1	4	0	0
Eligible & treated	86	81	87	86

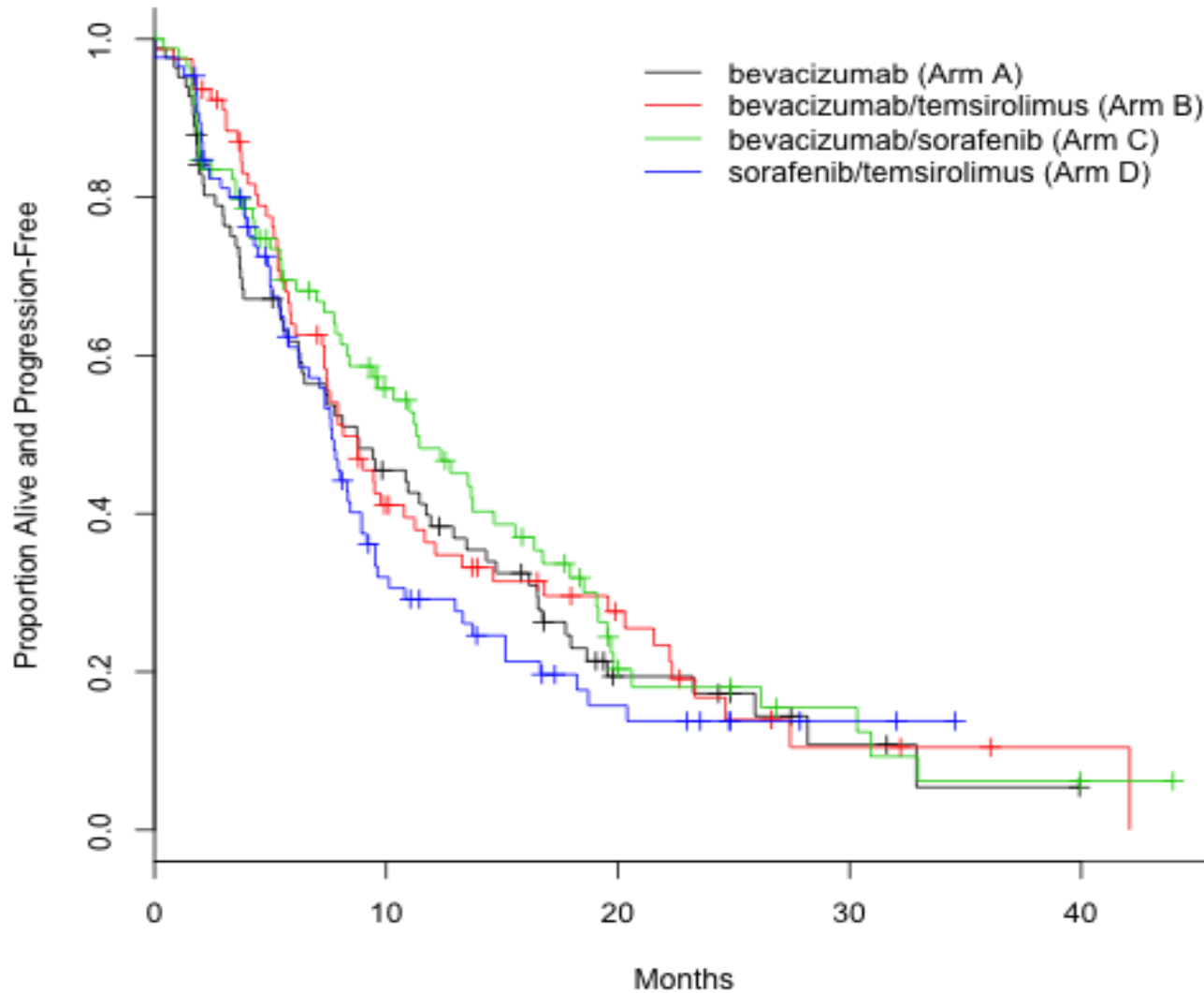
<b>Reason for withdrawal</b>	<b>%</b>
Disease progression	60
Adverse events	21
Patient refusal	7
Death on study	4
Other	8

# Demographics

	Arm A bevacizumab	Arm B bevacizumab/ tamsirolimus	Arm C bevacizumab/ sorafenib	Arm D sorafenib/ tamsirolimus	Total
Male gender (%)	73	69	69	80	73
Age (median)	63	61	61	59	61
Histology (% clear cell)	95	98	93	91	94
MSKCC risk category (low/inter/high)	31 41 28	32 40 28	29 43 28	36 37 27	32 40 28
Prior nephrectomy (%)	86	90	87	85	87

Only prior therapy and MSKCC risk category were stratification factors

# Progression-free survival



# PFS hazard ratios

	Regimen	Hazard ratio	90% CI	P value	Median PF (months)
Arm A	bevacizumab	reference			8.7
Arm B	bevacizumab/temsirolimus	0.91	0.68-1.23	0.62	7.3
Arm C	bevacizumab/sorafenib	0.84	0.62-1.13	0.32	11.3
Arm D	sorafenib/temsirolimus	1.11	0.83-1.49	0.55	7.7

# Severe toxicity

	Arm A (bev)	Arm B (bev/tem)	Arm C (bev/sor)	Arm D (sor/tem)
Grade 3 (%)	36	67	67	66
Grade 4 (%)	1	7	13	15
Grade 5 (%)	2	1	1	1

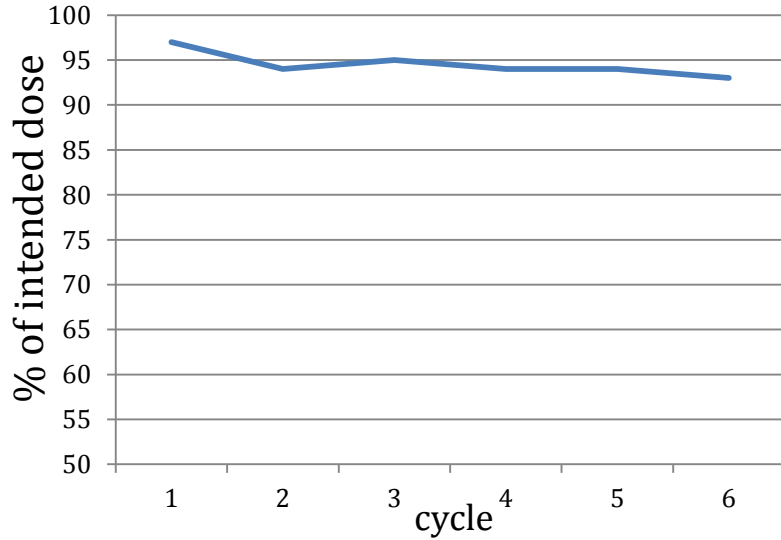
Grade 3/4 toxicity in > 10% of patients in at least one arm

	Arm A (bev) (%Gr 3/4)	Arm B (bev/tem) (Gr 3/4)	Arm C (bev/sor) (Gr 3/4)	Arm D (sor/tem) (Gr 3/4)
Hypertension	19/-	17/-	32/3	8/-
Fatigue	2/-	15/-	10/-	12/1
Hand-foot syndrome	-/-	1/-	22/-	3/-
Diarrhea	-/-	6/-	7/-	10/-
Hypophosphatemia	1/-	8/-	11/-	33/-
Proteinuria	9/-	23/-	9/-	1/-
Hyperglycemia	-/-	10/-	2/-	18/-

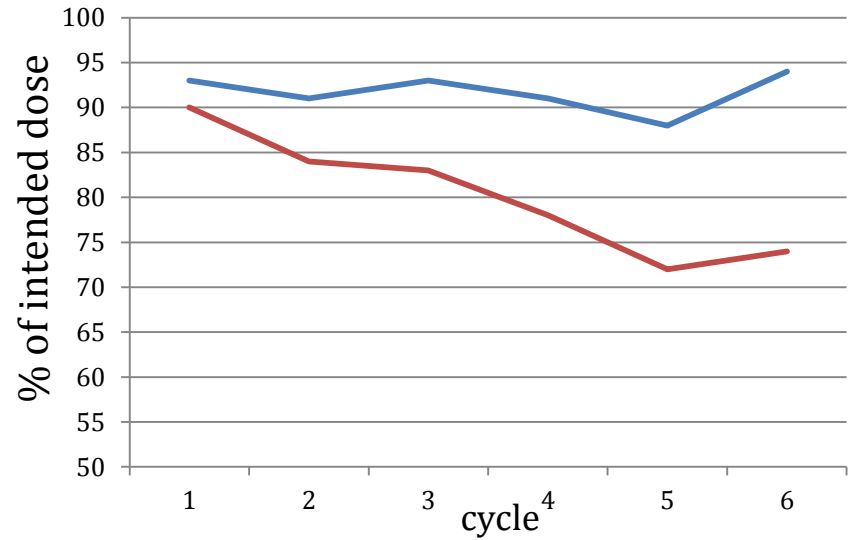
# Dose intensity

— bevacizumab — temsirolimus — sorafenib

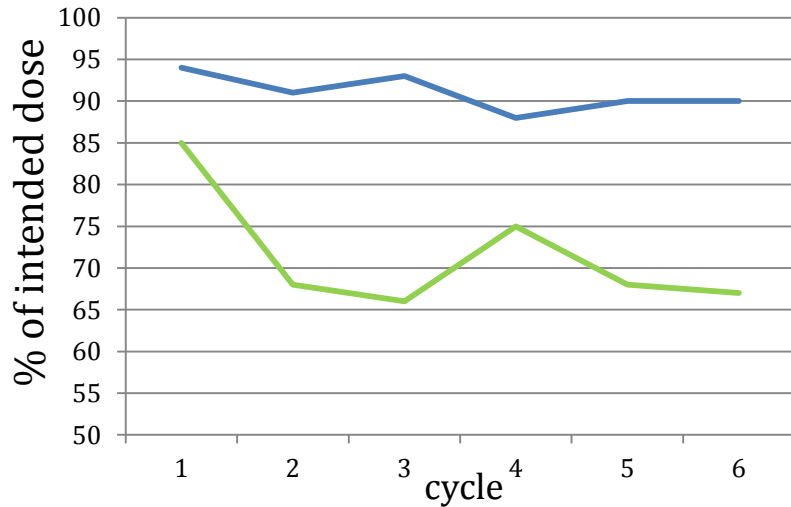
### Arm A



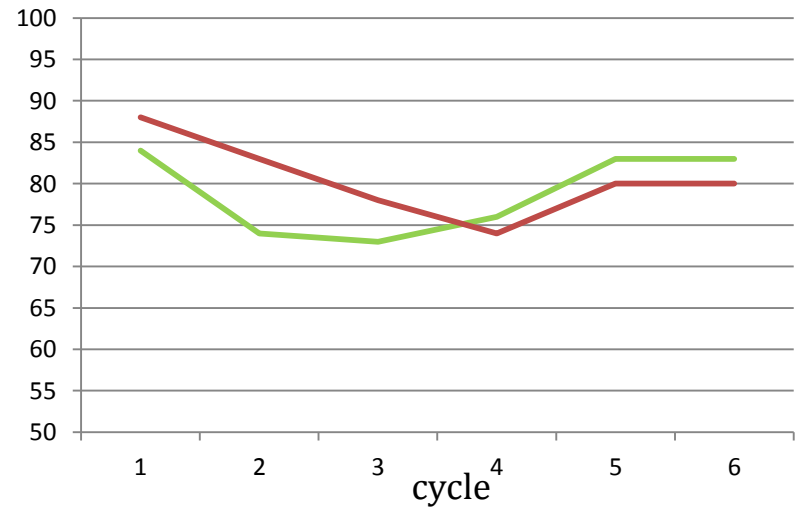
### Arm B



### Arm C



### Arm D



# Fatal events

(at least possibly related to therapy)

- Arm A (bevacizumab)
  - Obstructed colon, death probably due to disease
  - Myocardial infarction 3 days after starting therapy
- Arm B (bevacizumab/temsirolimus)
  - Cardiac ischemia
- Arm C (bevacizumab/sorafenib)
  - Severe hypertension and cerebral hemorrhage
- Arm D (sorafenib/temsirolimus)
  - Pneumonitis

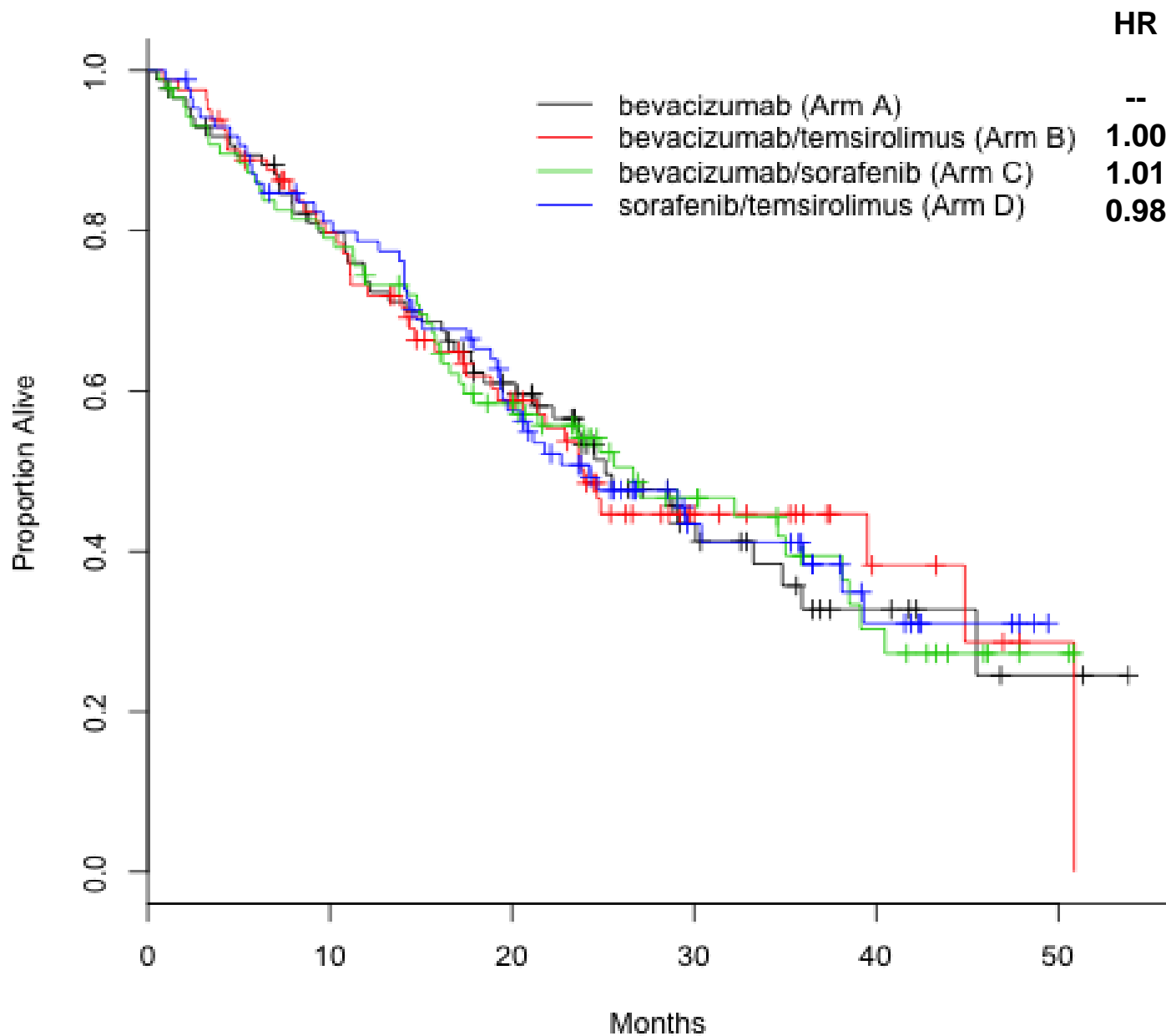
# Response rate

	<b>Arm A bevacizumab</b>	<b>Arm B bevacizumab/ temsirolimus</b>	<b>Arm C bevacizumab/ sorafenib</b>	<b>Arm D Sorafenib/ temsirolimus</b>
Assessed (n)	60	65	63	70
CR (%)	-	-	-	1
PR (%)	12	28	30	26
SD (%)	50	51	41	44
PD (%)	25	2	16	16
NE (%)	13	15	13	13

<b>Pairwise comparison</b>	<b>Fisher's Exact p</b>
A vs B	0.03
A vs C	0.02
A vs D	0.05



# Overall survival



# Conclusions

- No combination arm was superior to single-agent bevacizumab for the PFS primary endpoint
  - All 3 combination arms had a response rate >20%
- Common severe toxicities were expected, but more prevalent than single-agent bevacizumab (and sorafenib or temsirolimus, by historical control)
- Temsirolimus combined with bevacizumab or sorafenib offered no improvement in efficacy, but did add toxicity
- Bevacizumab/sorafenib had best efficacy, but was not tolerable; the VEGF/VEGFR co-inhibition strategy may warrant further investigation possibly with more selective VEGFR inhibitors

# Acknowledgements

This study was coordinated by the Eastern Cooperative Oncology Group (Robert L. Comis, M.D.) and supported in part by Public Health Service Grants CA23318, CA66636, CA21115, CA14588, CA80775, CA14958, CA32102, CA20319, CA47577, CA107868, and from the National Cancer Institute, National Institutes of Health and the Department of Health and Human Services. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the National Cancer Institute. Biospecimens were provided by the ECOG Pathology Coordinating Office and Reference Laboratory